



P.O.M. Day Camp Parent Guide

Dear Parents/Guardians,

Thank you for choosing POM Squad as your summer camp this season. We're so happy your camper will be joining us. This Parent Guide will help your family prepare for your dancer's summer experience. Reading through this guide with your dancer is important and should answer any questions you may have. If at any time you have any other questions or concerns, please don't hesitate to contact us.

Camper's safety is our top priority. Our camper to staff ratio is 8:1 for girls in Pre-K to 2nd grade and 10:1 for girls in grades 3-5. All our staff members are background checked and CPR/First Aid Certified. Our camp is a licensed day camp through Maryland Department of Health and we follow the protocol required by the state.

All attached forms and waivers need to be filled out and either emailed or dropped off on the first day of camp.

Sincerely,

Latasha Casey | Camp Director

202-573-8274 | info@thepomsquad.org

Tax ID: 47-2518851

General Information

Camp Fees:

Payment for each week is due before the first day of each camp week. If paying the daily rate, please pay prior to attending camp.

	Weekly	Daily
Camp Fees	\$198/weekly	\$40/daily
Before or After Care	\$40/weekly	\$10/daily
Before and After Care	\$80/weekly	\$20/daily

Camp Hours:

The Camp Day will begin at 9:00 AM and ends at 4:00 PM. During before and after care, the girls will watch a G/PG rated family movie.

Before Care	Drop Off	Pick Up	After Care
7:00 AM	8:45-9:00 AM	4:00-4:15 PM	Until 6:00 PM

Arrival/Departure Info:

Drop off and pick up will be at 2141 Industrial Parkway Suite 101. **Please park and enter the studio from the back entrance.** Drive around the back of the building and enter under the black awning that says, "Dance Studio."

Dancers must be signed in and out each day by a parent or authorized adult.

Policies:

Late Pick Up Policy: Parents will be assessed a \$10 charge if a child is picked up more than 15 minutes late after camp has ended (beginning at 4:15 PM) and an additional \$1.00 per minute thereafter.

Refund/Cancellation Policy: Refunds require a written request. All refunds will be subject to a 15% admin fee plus the cost of any classes that have taken place before the request has been submitted. No refunds or credits are granted for absences, inclement weather (when we are open), withdrawals or dismissals.

What to Bring & What to Wear

Camp Packing List:

Please label all items with your dancer's name.

Items not directly related to camp should be left at home (i.e. – toys, games, electronic devices). Phones are permitted but must be out of sight during the instructional parts of the day. If you need to get in touch with your child during the camp day, please call (202) 573-8274.

Please bring a **packed lunch** and two snacks to camp. Unfortunately, the camp site doesn't have a refrigerator or microwave, so plan accordingly. Every **Friday**, we will have a pizza party during lunch. No need to pack a lunch on Fridays but please remember to pack two snacks.

On **Thursdays**, we encourage the dancers to wear their swimsuit under their regular clothes. Pack extra clothes, underwear, socks and an empty plastic bag to hold their wet suit and towel.

What to Wear:

- Closed-toed shoes** are required for the day (sandals, flip flops, crocs are not recommended, except during swim trips).
- Clothes you can dance/move in** are required each day (dresses, skirts and tight jeans are not recommended). Recommended items include athletic capris or shorts and a tank top.
- Jazz shoes** are the preferred dance shoe. Jazz shoes should not be worn out doors, so please pack the shoes in your dance bag for use during class.

Everyday:

Lunch (except Fridays), Two snacks, Water Bottle

Tuesdays

(Pump It Up):

Camp T-shirt

Thursdays

(Swim Trip):

Swimsuit, Towel, Sunscreen, Flip-flops, plastic bag

Fridays

(Showcase Day):

Camp T-shirt

Camp Schedule

	Mon	Tue	Wed	Thu	Fri			
7:00	Before Care	Before Care	Before Care	Before Care	Before Care			
9:00	Assembly	Assembly	Assembly	Assembly	Assembly			
9:30	POM/Finale	POM/Finale	POM/Finale	POM/Finale	POM/Finale			
10:00	Snack	Snack	Snack	Snack	Snack			
10:15	Crafts	Acro	Crafts	Acro	Crafts	Acro		
11:00	Acro	Crafts	Acro	Crafts	Acro	Crafts		
12:00	Lunch	Lunch	Lunch	Lunch	Pizza Party!			
12:30	Playground	Hip-Hop	Pump It Up Trip	Playground	Hip-Hop	Pool Trip	Playground	Hip-Hop
1:15	Hip-Hop	Playground		Hip-Hop	Playground		Hip-Hop	Playground
2:00	Snack	Snack	Snack	Snack	Snack			
2:15	Jazz	Board Games	Jazz	Board Games	Jazz	Board Games	Jazz	Board Games
3:00	Board Games	Jazz	Board Games	Jazz	Board Games	Jazz	Board Games	Jazz
4:00	Clean-up	Clean-up	Clean-up	Clean-up	Clean-up			
4:15	After Care	After Care	After Care	After Care	SHOWCASE			
Until 6:00					After Care			

Key: Group #1 Group #2 Everyone

Friday Family Showcase:

We will celebrate the end of each week-long camp with a mini showcase. Family and friends are invited to come see their favorite dancers perform the dances they've learned throughout the week. The girls should wear their **Camp T-shirt** on Fridays for the showcase.

The showcase will start promptly at 4:15 and will last approximately thirty minutes. Parents are encouraged to come between 4:00-4:15 PM. The showcase is free and will take place at the Studio (2141 Industrial Pkwy).

After-Care on Fridays: For those families who still need after-care on Fridays and can't make it to the showcase, we will still have after-care until 6:00 PM.

Forms:

The following attached forms must be filled out and returned by the first day of camp:

- Youth Camp Health History Form – For Campers**
- Transportation & Trip Authorization Form**
 - Photo Release Form**
 - Pick-up Authorization Form**

The following form only needs to be completed if your child requires medication during the camp day:

- Medication Administration Authorization Form**

Youth Camp Health History Form – For Campers

Child's Name: _____

Current Residence: _____

Emergency Contact Information

Parent/Guardian Name _____ Phone: _____

Parent/Guardian Name _____ Phone: _____

Primary Care Physician _____ Phone: _____

Health Information

Are there any health problems including physical, psychiatric, or behavioral problems of which we need to be aware? No

Yes, please explain: _____

Are there any medications, dietary restrictions, allergies, or special needs that we need to be aware of to ensure your child's camp experience is positive? No

Yes, please explain: _____

Immunization Information:

For campers who currently reside within the United States, a United States territory, or the District of Columbia: Does the camper have any immunization exemption because of a parental or guardian objection or medical contradiction? No

Yes, list: _____

For campers who reside **outside** the United States, a United States territory, or the District of Columbia: Attach record of vaccination or immunity on Department for MDH-896.

Parent/Guardian Signature

Date

Transportation & Trip Authorization Form

Child(ren)'s Name(s): _____

Swim Trip Transportation: Transportation to and from Martin Luther King Jr. Outdoor Pool is included in your weekly tuition and provided by P.O.M. Squad Van.

Pump It Up Trip: Campers will be escorted under adult supervision from the studio to Pump It Up (approximately 15-minute walk).

P.O.M. Squad will utilize one Transportation Authorization Form per family for all trips. Weather permitting, Pump It Up trips will be every Tuesday and Swim Trips will be every Thursday. Departure from the camp site will begin at 12:30 pm. Every effort will be made to reschedule canceled trips. Parents will be notified of any necessary changes ASAP.

Swim Trip Rules:

- Campers may not consume drinks, food, candy or gum while riding the van
- Campers will stay seated and wear seat belts at all times while riding the van
- Behavior rules of the camp are in force during transportation and at the pool
- No camper will be transported without a signed Transportation Authorization Form
- Campers are not able to purchase lunch/snacks during the trip. Please remember to pack a lunch and please do not provide money for snacks
- Campers must arrive in their bathing suits (under clothes) with a towel to attend the trip
- **Swim Test:** The test, offered the first day of each camper's visit to the pool, consists of swimming across the pool (approx. 30 feet) and being able to tread water. Once a camper passes the test, they will be given a colored band that allows them to go into the deeper water
- Each camper will be assigned a buddy, in which she should stick with during the trip

Release/Disclaimer: I do hereby assume full responsibility for any and all damages, injuries or losses that my child may sustain or incur, if any, while attending any activity or at any offsite location to which the camp travels for a trip, or en route thereto or from.

Consent: I give permission for the above-mentioned child(ren) to participate in the off-site swim trips and Pump It Up trips as scheduled during the weeks she is enrolled. I understand that the staff will take every precaution in accordance with state licensing regulations to ensure my child's safety, including the use of seatbelts for each child.

I have read, fully understand and agree with the above rules, consent, release and disclaimer:

Parent/Guardian Name (print): _____

Parent/Guardian Signature: _____ Date: _____

Pick-Up Authorization

Child(ren)'s Name(s) _____

The following adults are authorized to pick-up my child from camp:

Adult #1

Name: _____

Cell Phone: _____ Secondary Phone: _____

Adult #2

Name: _____

Cell Phone: _____ Secondary Phone: _____

Adult #3

Name: _____

Cell Phone: _____ Secondary Phone: _____



Photo Release Form

I grant to Positive Outcome Mentoring and Dance, Inc, the right to take photographs and videography of my child during summer camp. I agree to allow my child's likeness to be used for promotional materials (i.e. social media and flyers). Names will not be used.

Parent Signature _____ Date _____